

## SEPTEMBER 2017 MEAL PRICE: This institution is an equal opported employer. For any questions & inference of the property of th

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employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

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Milk Only

Milk is included with lunch. Chocolate Non-fat or 1% White milk.

MONDAY

Strawberry Yogurt Parfait Parfait, Mini Bagel,

Carrots, Ranch,

Granola

Warm Pretzel

& Cheese Pretzel, Cheese sauce, Fresh

Broccoli, Apple Slices,

**Danimals Yogurt** 

WEDNESDAY

2 Turkey Sub Bag Turkey & Cheese

Sub, Juice, Apple Slices, Mini Rice

Krispie treat

Cocoa Puffs

**Cereal Bag** 

Cocoa Puffs, Strawberry Banana Yogurt, Sunflower

Seeds, Carrots,

Pineapple

## TUESDAY SEPI

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Popcorn Chicken Bowl, Mashed Potatoes, Gravy, Corn, Fruit Choice

2 PRETZEL BAG

French Toast Sticks.

Potato Triangle,

Strawberry yogurt,

Banana and

Juice Cup

2 PRETZEL BAG

Pillsbury mini pancakes, 19

Cheese Omelet,

Potato Wedge,

Oranges, Bananas,

Juice Cup

WEDNESDAY

Rotini Beef Pasta. Garlic Bread, Garden Tossed Salad with Cheese & Croutons, Applesauce

2 TURKEY SUB BAG

THURSDAY

Mini Corn Dogs, Crinkle Fries, Fresh Carrrots & Broccoli with Ranch, Fresh Grapes

2 COCOA PUFFS CEREAL BAG

SEPI Cheesy Bread, Garden Salad Cherry Tomatoes, Cheese & Ranch. Frozen Blue Raspberry

2 YOGURT PARFAIT

Juice Cup

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Orange Chicken Rice Bowl served with Chop Sticks, oriental blend vegetable, pineapple and cookie

2 TURKEY SUB BAG

Macaroni and Cheese, 14 Steamed Green Beans, Blueberry Muffin, Fresh Melon and Grapes

2 COCOA PUFFS CEREAL BAG

Domino's Pizza Pepperoni/Cheese Pizza,

Garden Salad, Fresh Fruit Choice Frozen Fruit Slushie

2 YOGURT PARFAIT

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Chicken Nuggets

with Roll, Corn,

Fresh Apple Slices,

Grapes

Breaded Chicken Patty on Bun, Lettuce and Tomato, Carrots and Broccoli with Ranch. Apple slices

YOGURT PARFAIT

2 PRETZEL BAG

**Baseball Lunch** Hot Dog on Bun,

Popcorn, Fresh Carrots, Watermelon. Mini Ice Cream Sandwich

2 TURKEY SUB BAG

Cheesy Bread with Marinara Sauce, Fresh Broccoli and Carrots with Hummus,

2 COCOA PUFFS CEREAL BAG

Fresh Melon

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**Cheese Burger** 

on Bun, served with Leaf Lettuce. Fun-size Pretzels, Carrot munchers, Fresh Fruit

2 YOGURT PARFAIT

Strawberry Yogurt Parfait Parfait, Mini Bagel, Carrots, Ranch, Granola

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Meatball Mozzarella 3 Marinara Sub, Fresh Green & Red Peppers, Applesauce, Peach Slices

2 YOGURT PARFAIT

26 Chicken Tenders, Corn Muffin, Sugar Peas with Hummus Fresh Strawberries

2 PRETZEL BAG

French Toast Sticks, Potato Triangle, Strawberry yogurt, Banana and Juice Cup

Rotini Pasta with Meat Sauce, Garlic Bread. Garden Salad, Italian Ice

2 COCOA PUFFS CEREAL BAG

2 TURKEY SUB BAG

BBO Pork on Bun. Pickles, Crinkle Fries, Carrot Stick, Fresh Apples

2 YOGURT PARFAIT

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL





