

SEPTEMBER 2019 MEAL PRICE: This institution is an equal opportion of the molover. For any questions of the control of the con

SEPT

This institution ia an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

SFPT

SEPT

SEPT

001

Milk Only .50

Milk is included with lunch. **Chocolate Non-fat** or 1% White milk.





French Toast Sticks,

Potato Triangle,

Strawberry yogurt,

Banana and

Juice Cup



Orange Chicken

Rice Bowl served with

Chop Sticks,

Stir Vegetables,

Pineapple

and cookie

2 TURKEY SUB BAG





SEPT

Pretzel, Cheese sauce, Fresh Broccoli, Apple Slices, **Danimals Yogurt**

Chicken Nuggets with Roll, Corn, Fresh Apple Slices, Grapes

2 YOGURT PARFAIT CHEF SALAD

Breaded Chicken

Patty on Bun,

Lettuce and Tomato.

Carrots and Broccoli

with Ranch,

Apple slices

2 PRETZEL BAG 3 CHEF SALAD

SEPT

Pillsbury mini pancakes,17 Cheese Omelet, Potato Wedge, Oranges, Bananas, Juice Cup

PRETZEL BAG 3 CHEF SALAD

3 CHEF SALAD Baseball Lunch

Hot Dog on Bun, pcorn, Fresh Carrots, Watermelon, Mini Ice Cream Sandwich

SEPT

SEPT

25

OCT

2 TURKEY SUB BAG 3 CHEF SALAD

French Toast Sticks,

Potato Triangle,

Strawberry yogurt,

Banana and Juice Cup

Pepperoni/Cheese, Salad Bar, Fresh Fruit. Fruit Slushie

Pizza Hut Pizza

Pepperoni/Cheese,

Salad Bar.

Fresh Fruit,

Fruit Slushie

Pizza Hut Pizza 개

Pepperoni/Cheese,

Salad Bar.

Fresh Fruit,

Fruit Slushie

Pizza Hut Pizza 3

Pepperoni/Cheese,

Salad Bar.

Fresh Fruit,

Fruit Slushie

2 CHEF SALAD

Pizza Hut Pizza

2 CHEF SALAD

Macaroni and Cheese,] Steamed Green Beans. Blueberry Muffin, Fresh Melon and Grapes

Cheese Burger 1

on Bun, served with

Leaf Lettuce, Fun-size

Pretzels, Carrot

munchers, Fresh Fruit

2 COCOA PUFFS BAG

3 CHEF SALAD

2 COCOA PUFFS BAG 3 CHEF SALAD

SEPT

Croutons, Garbanzo beans, Roll, Fruit Cup

Cereal Bag Cocoa Puffs, Strawberry Banana Yogurt, Sunflower Seeds, Carrots, Pineapple

2 YOGURT PARFAIT CHEF SALAD

Meatball Mozzarella Marinara Sub, Fresh Green & Red Peppers, Applesauce, Peach Slices

YOGURT PARFAIT 3 CHEF SALAD

SEPT Chicken Tenders. Corn Muffin, Sugar Peas with . Hummus, Fresh Strawberries

3 CHEF SALAD

2 PRETZEL BAG

24

2 TURKEY SUB BAG 3 CHEF SALAD

2 CHEF SALAD

SEPT Cheesy Bread, Garden Salad Cherry Tomatoes, Cheese & Ranch, Frozen Blue Raspberry Juice Cup

2 COCOA PUFFS BAG

3 CHEF SALAD

001

21

Macaroni and Cheese, 4 Beef Dippers, Snap Peas and Carrots, Hummus, Fresh Strawberries

2 COCOA PUFFS BAG

3 CHEF SALAD

Tyson Mini Mega Chicken Poppers, Steamed Broccoli Michigan Apple,

SEPT

Mini Chocolate Chip Muffin YOGURT PARFAIT CHEF SALAD

Dutch Waffle with Whipped Cream, Strawberry Cup, Potato Triangle,

2 PRETZEL BAG

001

2 Pork Sausage Links, Apple Juice 3 CHEF SALAD

Dorito Walking Beef, Taco, Cheese, Lettuce, Salsa, Black Beans and Corn, Fresh Red Grapes

TURKEY SUB BAG 3 CHEF SALAD

2 CHEF SALAD

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL COM OR DROP OFF A CHECK AT SCHOOL





2 Strawberry Yogurt Parfait Parfait, Mini Bagel, Carrots, Ranch, Granola

TUESDAY

Warm Pretzel & Cheese

2 Turkey Sub Bag Turkey & Cheese Sub, Juice, Apple Slices, Mini Rice Krispie treat

THURSDAY

2 Chef Salad Egg, Ham, Turkey, Tomato, Cheese,

FRIDAY

Cocoa Puffs

CHOICE 3

Chef Salad Egg, Ham, Turkey, Tomato, Cheese, Croutons, Garbanzo beans, Roll, Fruit Cup

SALAD BAR with all

meal options Romaine Mixed Greens, Cherry Tomatoes, Broccoli, Cauliflower, Carrots, Edamame Beans, Spinach, Corn. Other choices may include Cucumbers, Peppers, Snap Peas, Served with croutons, Cheese and Ranch, Italian & French

Dressings.