

SCREEN AGERS NEXT CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE

HIGH STRESS, ANXIETY AND DEPRESSION ARE EXPERIENCED BY MILLIONS OF YOUNG PEOPLE. WE FOLLOW PHYSICIAN AND FILMMAKER, DELANEY RUSTON, AS SHE DISCOVERS SOLUTIONS FOR IMPROVED ADOLESCENT WELL-BEING IN THE DIGITAL AGE.

BY: Ottawa Substance Abuse Prevention Coalition

WHEN: Begins April 19th at 12pm. Stream any time through May 2nd.

WHERE: <https://watch.screenagersevent.com/screenings/nextchapter-osap>

TICKETS: \$0

screenagersmovie.com