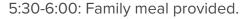




Strengthening Families 10-14 Program

Being a parent or caregiver can be hard. Being a 10-14-year-old can be hard. Join us for a FREE 7-week program where we will work with your family to strengthen your relationships with a variety of skills & tools. Childcare is FREE for children under 10.

Structure



- 6-7: Parents & caregivers are provided skills and tools watching role-playing videos and through discussion.
- 6-7: Youth session where skills and tools are provided with activity-based learning to help them resist peer pressure and decrease family conflict.
- 7-8: Family session with games and projects to increase family bonding, build positive communication skills, and learn to problem solve together.

Where? When?

Arbor Circle
427 Seminole Rd Suite #200B
Norton Shores, MI

Thursday Evenings April 11th - May 23rd 5:30PM - 8:00PM

Contact Us

Ruth Nelson rnelson@arborcircle.org 616-826-2245 or use the QR code











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